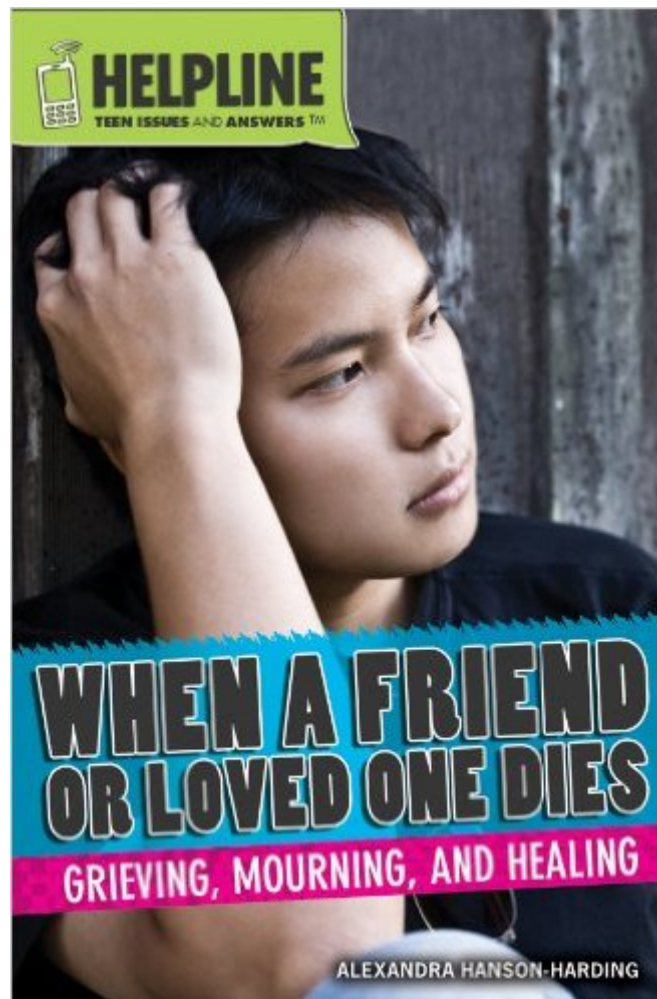


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When A Friend Or Loved One Dies: Grieving, Mourning, And Healing (Helpline: Teen Issues And Answers)



Synopsis

Readers discover that the death of a friend or a loved one can sometimes lead to a new kind of growth. They learn how they can cope, what to expect, how to grieve, and how to re-enter the world with new insight. Among the topics covered are what happens after death, the importance of a funeral or memorial service, preparation for the service, going back to school after a loved one dies, the typical signs of grief for teens, understanding emotions, new responsibilities, various kinds of deaths (grandparent, parent, sibling, friend, accident, suicide, military, etc.), how they can help themselves during the healing process, and cybergrieving and how the Internet can help keep the memory of a loved one alive.

Book Information

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